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Education

- 2020 PhD Oregon State University, Corvallis, OR**
College of Public Health and Human Sciences
Specialization: Nutritional Epidemiology
- 2015 RDN University of Puerto Rico-Medical Sciences Campus, San Juan, PR**
Postbaccalaureate Dietetic Internship (required for registered dietitian credential)
- 2014 BS University of Puerto Rico-Rio Piedras Campus, San Juan, PR**
Major in Nutrition and Dietetics, Minor in Biology
Graduated magna cum laude

Professional Experience

Postdoctoral Fellow, Gretchen Swanson Center for Nutrition (GSCN)
Omaha, NE | August 2022 – Present

- Support scientific aspects of research and evaluation projects.
- Aid in new project generation by supporting the development and submission of grant applications and RFP proposals.
- Help initiate and maintain partner relationships, including relationships with funders and clients.
- Develop project work plans that include research designs, participants, data elements, measurement tools, and deliverables.
- Review comprehensive project plans to ensure alignment with workplans.
- Support the development of measurement tools by participating in planning sessions and reviewing tools.
- Help ensure the integrity of sampling and data collection efforts.
- Support the collection of qualitative data by conducting key informant interviews or focus groups when needed.
- Support the analysis of data by conducting analyses and reviewing qualitative and quantitative output for accuracy.
- Oversee the development of project deliverables by participating in storyboarding sessions, creating outlines, and reviewing drafts.
- Provide guidance and feedback to workstream members on project plans, measurement tools, data analysis, and deliverables.
- Maintain a working knowledge of significant developments and trends in nutrition-related fields.
- Participate in Scientific Advisory Committee meetings, Scientist Retreats, and other appropriate meetings.

Professional Experience (Continued)

Research Analyst, Fors Marsh Group

Arlington, VA | November 2020-present

- Conducting literature reviews on a variety of health communication-related topics.
- Leading and conducting audience research for health communication and marketing in English and Spanish.
 - Moderating IDIs and focus groups in English and Spanish
 - Analyzing qualitative data to find emerging themes and summarizing results
- Support the development and implementation of communications for the public as part of the U.S. HHS We Can Do This campaign including:
 - Conducting qualitative data analysis for special audiences and new messaging directions.
 - Leading data audits to ensure the quality of the data for campaign evaluation.
 - Serving on multi-functional and multi-organizational teams performing communications assignments.
- Using social listening methods to answer questions about vaping product advertising and COVID-19 vaccine hesitancy of specific groups (e.g., parents, Republicans, African Americans).
- Writing research reports, briefs, presentation decks, and other external communications summarizing research methods, findings, and implications for program strategies and messaging/
- Communicating findings to federal government stakeholders in oral presentations.
- Reviewing company policies as the co-chair for the Diversity, Equity, and Inclusion employee-led committee.

Instructor, Oregon State University

Corvallis, OR | August 2015- June 2020, January 2022-July 2022

Taught advanced public health and nutrition courses for senior undergraduate students and graduate students. Have taught the following courses:

Course #	Course Title	Terms (# of sections)	Credits
H 312	HIV/AIDS & STIs in Modern Society	Spring 2022 (1 section)	3
H 520	Health Disparities	Winter 2022(1 section)	3
H 220	Introduction to Health Data Analysis	Winter 2022 (1 section)	3
HHS231	Lifetime Fitness for Health	Fall 2019-Spring 2020 (3 sections)	2
NUTR225	General Human Nutrition	Winter 2019 (1 section)	3
NUTR325	Nutrition Through the Life Cycle	Fall 2018, Spring 2019 (2 sections)	3
NUTR216	Food in Non-Western Culture	Fall 2018-Summer 2019 (8 sections)	3
NUTR432	Medical Nutrition Therapy III	Spring 2016, Spring 2017 (3 sections)	3
NUTR431	Medical Nutrition Therapy II	Winter 2016, Winter 2017 (2 sections)	3
NUTR430	Medical Nutrition Therapy I	Fall 2015, Fall 2016 (2 sections)	3
NUTR240	Human Nutrition	Fall 2015-Spring 2018 (10 sections)	3

Course Developer, University of Puerto Rico

San Juan, PR | October 2020-July 2021

- Subject matter expert for the development of graduate global nutrition courses

Professional Experience (Continued)

Research Assistant, Oregon State University
Corvallis, OR | April 2016- June 2020

- Conducted qualitative research to understand the experiences of Latino farmworkers with food insecurity and food acquisition. Duties included conducting a literature review, protocol development, obtaining and maintaining IRB approval, principal interviewer, managing and supervising the translation of all research materials to Spanish, data analysis, and manuscript writing.

Research Assistant, University of California-Davis
Davis, CA | June 2017-August 2017

- Conducted a systematic literature review to summarize the evidence for possible variation in hemoglobin thresholds to define anemia between males and females and across key stages of the lifecycle.

Research Intern, North Carolina State University
Raleigh, NC. | May 2014-June 2014

- Participated in the North Carolina State University-Duke Clinical Research Institute Summer Institute for Training in Biostatistics (SIBS).
- Completed one secondary analysis project using data from SYMPHONY trials to determine regional differences in baseline characteristics and outcomes (i.e., myocardial infarction and/or death in 90 days after the first event) in international patients with acute coronary syndrome.

Undergraduate Research Assistant, University of Puerto Rico
San Juan, PR | January 2013-May 2014

Assisted with research needs in multiple projects:

- Satisfaction and experience in distance nutrition courses at the UPRRP.
 - Co-investigator; conducted a program evaluation study to compare satisfaction, relevance, and active learning of college students who took online nutrition courses with students who chose a face-to-face modality of these nutrition courses.
 - Developed the research tools, obtained IRB approval, moderated focus groups, transcribed interviews, and summarized USDA NIFA evaluation report results.
- Stigma among HIV+ MSM in Puerto Rico Study.
 - Interviewer and transcriber; contributed to recruiting and interviewing participants who identified as MSM and are HIV+ at the Community Network for Clinical Research on AIDS (CoNCRA) and transcribed interviews.
- Physical activity, physical fitness, and nutritional habits influence self-esteem and body weight from childhood to early adulthood: a feasibility study.
 - Interviewer for 24-hour recalls; contributed by interviewing children from ages 6 to 8 years old about their dietary patterns and food intake 24-hours before the interview

Peer-Reviewed Publications

1. **Crespo-Bellido, M.** (2022) A Socio-ecological Model for Food Insecurity and Alternative Food Acquisition. *Equilibrium*, 21(1), 10-15.
2. **Crespo-Bellido, M.**, Takata, Y., Jackson, J., Grutzmacher, S., & Smit, E. (2021). Dietary Quality and Caloric Contribution of the Alternative Food Acquisitions of US Low-income Households: Results from the National Food Acquisition and Purchasing Survey (FoodAPS). *Journal of Hunger & Environmental Nutrition*, 1-19. DOI: 10.1080/19320248.2021.1901170
3. **Crespo-Bellido, M. S.**, Grutzmacher, S. K., Takata, Y., & Smit, E. (2021). The Association Between Food-Away-From-Home Frequency and a Higher BMI Varies by Food Security Status in US Adults. *The Journal of Nutrition*, 151(2), 387-394.

Peer-Reviewed Publications (Continued)

4. **Crespo-Bellido, M.**, Grutzmacher, S., & Smit, E. (2020). Food security and alternative food acquisition among US low-income households: results from the National Food Acquisition and Purchasing Survey (FoodAPS). *Public Health Nutrition*, 1-9.
5. **Crespo-Bellido, M.** (2020) Moving from cultural to structural competency – renal dietitians’ unique opportunities to pioneer a shift in paradigm within dietetics. *Renal Nutrition Forum*, 39 (1), 3-7.
6. Jorgensen, J. M., **Crespo-Bellido, M.**, & Dewey, K. G. (2019). Variation in hemoglobin across the life cycle and between males and females. *Annals of the New York Academy of Sciences*, 1450(1), 105-125.

Manuscripts Under Review

1. **Crespo-Bellido, M.**, Kraemer, L.M., Jackson, J., & Grutzmacher, S. (2022) Latinx Migrant and Seasonal Farmworkers’ Use of Alternative Food Acquisition Strategies to Manage Food Hardship.

Selected Presentations

1. Grutzmacher, S., **Crespo-Bellido, M.**, Rockler, B., Munger, A., Kraemer, L., John, D., & Gwin, L. (October 2019). Perceptions of severity of food insecurity among undocumented Latinx food system workers in Oregon. Oral presentation for the 2019 American Public Health Association Annual Conference, Philadelphia, PA
2. **Crespo-Bellido, M.**, Smit, E., & Grutzmacher, S. (October 2019). Use of alternative food sources by U.S. low-income households: Results from the National Food Acquisition and Purchasing Survey (FoodAPS). Poster presented at the American Public Health Association Annual Conference, Philadelphia, PA.
3. **Crespo-Bellido, M.** (February 2019) Diversity, Equality and Inclusion: How to Overcome Unconscious Bias in the Nutrition Workplace. Webinar for the Oregon Academy of Nutrition and Dietetics, Portland, OR.
4. **Crespo-Bellido, M.**, Grutzmacher, S., Takata, Y., & Smit, E. (May 2017) Food security, food away from home purchasing patterns, and obesity in U.S. adults: National Health and Nutrition Examination Survey (NHANES) 2007-2014. Poster presented at the 2017 Society for Epidemiologic Research Meeting.

Committees

2020 – 2022	Journal of Hunger and Environmental Nutrition (JHEN) Liaison , Education Committee of the Hunger and Environmental Nutrition Practice Group.
2017 – 2019	Diversity Liaison , Oregon Academy of Nutrition and Dietetics.
2014 – 2015	Student Committee Chair , Public Health and Community Nutrition Practice Group.

Honors, Awards and Professional Associations

Honors and Awards

2022	Core Values Award: People First
2022	Core Values Award: Impactful Work
2019	Ruth Tartar Fellowship
2019	Thayer Raymond Graduate Scholarship
2019	Betty Hawthorne Fellowship
2019	May DuBois Fellowship
2018	Patricia Reynolds Fellowship
2015	Outstanding Intern of the Year by the Puerto Rico Academy of Nutrition and Dietetics
2015	Clinical Excellence Award by the UPR-MSU School of Medical Professions
2014	Outstanding Student of the Year by the Puerto Rico Academy of Nutrition and Dietetics

Honors, Awards and Professional Associations

Professional Association Membership

2009 – Present	Academy of Nutrition and Dietetics
2015 – Present	American Public Health Association (APHA)
2015 – Present	American Society of Nutrition (ASN)
2020 – Present	Social Marketing Association of North America (SMANA)