

Elise Mitchell, MS, MPH

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Education

- 2020 MS Tufts University, Boston, MA**
Friedman School of Nutrition Science and Policy
Specialization: Food and Nutrition Policy and Programs
- 2020 MPH Tufts University, Boston, MA**
School of Medicine
Specialization: Epidemiology and Biostatistics
- 2017 BA University of Vermont, Burlington, VT**
Major in Biology, Minor in Anthropology
Graduated cum laude and Phi Beta Kappa

Professional Experience

Senior Data Research Associate, Gretchen Swanson Center for Nutrition (GSCN)
Omaha, NE | July 2022 – Present

- Support data administration and management for reporting and evaluation of the Gus Schumacher Nutrition Incentive Program (GusNIP) grant program
 - Advise GusNIP grantees on reporting to the GusNIP NTAE and lead a small team of reporting advisors
- Communicate with scientific and statistics teams on study design and data analysis and lead data visualization efforts
- Support development of manuscripts, reports, presentations, and other deliverables
- Contribute to research studies

Data Research Associate, Gretchen Swanson Center for Nutrition (GSCN)
Omaha, NE | September 2020 – July 2022

- Support data administration and management for reporting and evaluation of the Gus Schumacher Nutrition Incentive Program (GusNIP) grant program
 - Advise GusNIP grantees on reporting to the GusNIP NTAE and lead a small team of reporting advisors
- Communicate with scientific and statistics teams on study design and data analysis
- Support development of manuscripts, reports, presentations, and other deliverables
- Build and maintain reporting solutions and contribute to the development of a novel reporting platform for the GusNIP grant program
 - Manage data transfer between reporting platforms
- Conduct quantitative data analysis and literature reviews

Professional Experience (Continued)

Research and Evaluation Intern, Rhode Island Public Health Institute Providence, RI | November 2019 - August 2020

- Employed qualitative and quantitative methods to evaluate a SNAP incentive program at a mobile produce market
 - Conducted thematic content analysis using NVivo to code focus group transcripts
 - Identified themes of mobile market customers that used the SNAP incentive program
 - Completed a manuscript to disseminate best practices for conducting SNAP incentive programs at mobile markets
 - Managed three unique datasets, created analytic files and conducted descriptive analyses of survey participants
- Created data management resources for research on the health impacts of a mobile produce market

Child and Family Hunger Programs Intern, Feeding America National Office Chicago, IL | June 2019 - August 2019

- Created and updated resources for 200 food banks in the Feeding America network
 - Created a comprehensive manual on best practices for planning, implementing, and evaluating child hunger programs at food banks
 - Reviewed public submissions to Feeding America's Hunger & Health website
- Edited a 33-item survey for food bank executives on rural hunger in America
 - Analyzed survey responses with qualitative and quantitative techniques and created visualizations of these findings to help stakeholders understand the data

Dietary Assessment Graduate Student Assistant, Jean Mayer USDA Human Nutrition Research Center on Aging Boston, MA | September 2018 - August 2020

- Obtained 24-hour dietary recall data participants enrolled in nutrition science research studies
 - Communicated with study participants from diverse backgrounds in-person and over the phone
 - Utilized the Nutrition Data System for Research (NDSR) for data entry and management

Research Assistant, Tufts University School of Medicine Boston, MA | October 2018 - August 2020

- Completed grant proposals to obtain \$50,000 in funding for a novel obesity prevention study
 - Transcribed qualitative data from stakeholder meetings
 - Developed and submitted an IRB application

Research Assistant, Tufts Medical Center Clinical Translational Science Institute Boston, MA | September 2018 - August 2020

- Extracted data from 100 peer-reviewed articles to identify best practices for implementing randomized-controlled trials in nutrition science research

Diabetes Program Development VISTA, San Angelo Diabetes Coalition (AmeriCorps VISTA) San Angelo, TX | August 2017 - August 2018

- Implemented a diabetes self-management education program targeted to under-served populations
 - Identified best practices in diabetes education from existing programs and literature
 - Developed 12-month strategic plan for DSME program implementation and evaluation
 - Interviewed local providers and compiled findings into a comprehensive resource guide
 - Developed content including presentations for stakeholders and bilingual educational resources for participants
- Analyzed state data to assess the relationships between diabetes and its comorbidities among residents

Grants and Contracts – Current

- September 2019 - August 2023 **Comprehensive and Integrated Center for Nutrition Incentive Program Training, Technical Assistance, Evaluation and Reporting – National Institute of Food and Agriculture (NIFA), United States Department of Agriculture (USDA)**
- Serve as the leader of the Gus Schumacher Nutrition Incentive Program (GusNIP) Nutrition Incentive Program Technical Assistance, Evaluation, and Information (NTAE) Center to develop systems, infrastructure, and collaborative relationships to support GusNIP grantees and to maximize effectiveness and efficiency of GusNIP projects.
 - Role: Senior Data Research Associate
- July 2022 – June 2025 **Leveraging Nutrition and Lifestyle for Diabetes Prevention Across the Life Span**
- Innovative Clinical or Translational Science Award – American Diabetes Association (ADA)
 - Conduct a quasi-experimental study on the impact of produce prescription programs on diabetes management.
 - Role: Senior Data Research Associate

Grants and Contracts – Past

- January 2021 - August 2021 **Sub-Contract with Alliance for a Healthier Generation**
- Evaluate grants from the CDC for professional development for educators on school wellness.
 - Role: Data Research Associate

Selected Peer-Reviewed Publications

1. Parks, C.A., **Mitchell, E.**, Byker Shanks, C., Nugent, NB., Fricke, H.E., Yaroch, A.L. Descriptive Characteristics of Nutrition Incentive Projects Across the U.S.: A Comparison Between Farm Direct and Brick and Mortar Settings. *INQUIRY: The Journal of Health Care Organization, Provision, and Financing*. 2021;58; 00469580211064131. <https://doi.org/10.1177/00469580211064131>

Manuscripts Under Review

1. Stotz, S.A., **Mitchell, E.**, Szczepaniak, M., Akin, J., Fricke, H., Byker Shanks, C. Nutrition Education in USDA GusNIP Nutrition Incentives and Produce Prescription Programs: A Qualitative Exploration of Approaches by Nutrition Educators. Submitted to *Journal of Nutrition Education and Behavior*.

Selected Refereed Posters and Presentations

1. **Mitchell, E.**, Byker Shanks, C., Fricke, H., Stotz, S.A., Yaroch, A.L. Adapting the Evaluation of the Gus Schumacher Nutrition Incentive Program for Inclusion of COVID-19 Relief and Response Funds. Poster presentation at: The Root Cause Coalition, National Summit. Minneapolis, MN. October, 2022.

Selected Technical Reports and Internal Publications

1. Gus Schumacher Nutrition Incentive Program Training, Technical Assistance, Evaluation, and Information Center (GusNIP NTAE): Impact Findings, Year 1 – September 1, 2019 – August 31, 2020. 2021. Prepared for the United States Department of Agriculture.
2. Gus Schumacher Nutrition Incentive Program Training, Technical Assistance, Evaluation, and Information Center (GusNIP NTAE): Impact Findings, Year 2 – September 1, 2020 – August 31, 2021. 2022. Prepared for the United States Department of Agriculture.

Honors, Awards, & Professional Associations

Honors and Awards

2021 Honos Civicus Society honoree
2017 Phi Beta Kappa member

Committees

2020 - Present **Member**, Gretchen Swanson Center for Nutrition Diversity, Equity, and Inclusion (DEI) Committee

Other Community Memberships

2021 – Present **Mentorship Team Member**, National Association for Interprofessional Health Mentorship Education & Service (NAIHMES)
2020 – 2021 **Public Health Coordinator**, National Student Response Network (NSRN)
2019 – 2020 **Leader**, Tufts Friedman School of Nutrition Science and Policy Service Scholars
2017 – 2018 **Member**, Tom Green County Hunger Coalition (a Texas Hunger Initiatives coalition)

Technical Skills and Software

Stata | SAS | SPSS | NVivo | Nutrition Data System for Research | Smartsheet | PowerBI - Beginner