

Megan Reynolds, MPH, RD

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Education

2022 RD University of Michigan School of Public Health, Ann Arbor, MI

2021 MPH University of Michigan, Ann Arbor, MI

Master of Public Health

Specialization: Nutritional Sciences

2018 BS University of Central Florida, Orlando, FL

Major in Kinesiology

Graduated with Honors in the Major

Professional Experience

Research Associate, Gretchen Swanson Center for Nutrition (GSCN) Omaha, NE | July 2022 – Present

- Support the implementation of research for an independent, 501(c)(3) tax-exempt non-profit nutrition research center
 - Conduct and document literature reviews
 - Develop valid and reliable measurement tools including assessments, surveys, and interview guides
 - o Develop and submit IRB applications
 - Prepare quantitative measurement tools for distribution by formatting paper forms or building electronic surveys
 - Collect qualitative and quantitative data by conducting interviews/observations and administering surveys/assessments.
 - o Develop codebooks to ensure accurate data entry and storage
 - Transcribe qualitative data gathered from interviews, and prepare transcribed data for coding and analysis
 - Support the development of deliverables, presentations, and manuscripts by participating in storyboarding sessions, writing report sections, presenting deliverables, and supporting manuscripts development

Dietetic Intern, University of Michigan School of Public Health Ann Arbor, MI | July 2021 – January 2022

• Rotated through different nutrition positions spanning community, clinical, and research settings to become eligible to take the Registered Dietitian examination

Professional Experience (Continued)

Nutrition Policy Research Intern, HER NOPREN

Washington D.C. | May 2020 - September 2020

- Co-authored a review paper focused on the co-benefits of healthy eating; specifically helped with inter-rater reliability coding of more than 50 articles regarding school nutrition policies, meeting with my research advisor Dr. Fleischhacker weekly throughout summer
- Participated in HER NOPREN Six-part Student Summer Speaker Series focused on federal nutrition assistance program COVID-19 response adaptations

Research Assistant, Stanford School of Medicine

Stanford, CA | May 2020 - December 2020

- Assisted in coding each school district in California for information regarding provision of school meals during distance learning, spring break, and summer break
- Helped synthesize data, as well as draft and edit the final manuscript

Graduate Program Assistant, Wolverine Wellness, University Health Services, University of Michigan Ann Arbor, MI | August 2019 – April 2021

- Took on projects related to healthy eating and positive body image on campus
- Served as a liaison between student and professional staff
- Assisted in teaching the University's wellness course: ALA 240
 - o Attended and led some class discussions

Research Assistant, Department of Kinesiology, University of Central Florida Orlando, FL | December 2017 – December 2018

- Assisted with collecting data via focus groups, interviews, and surveys
- Provided additional support to faculty during the IRB process, analyzing data, and drafting manuscripts for publication

Grants and Contracts - Current

August 2022 -

August 2023

Comprehensive and Integrative Center for Nutrition Incentive Program Training, Technical Assistance, Evaluation and Reporting – National Institute of Food and Agriculture (NIFA), United States Department of Agriculture (USDA)

- Serve as the leader of Schumacher Nutrition Incentive Program (GusNIP) Nutrition Incentive Program Technical Assistance, Evaluation, and Information (NTAE) Center to develop systems, infrastructure, and collaborative relationships to support GusNIP grantees and to maximize effectiveness and efficiency of GusNIP projects.
- Role: Research Associate

Peer-Reviewed Publications

- 1. Fleischhacker S, Bleiweiss-Sande R, Benjamin Neelon S, Reynolds M, Miller A, Hager ER, Seligman H, Bleich SN. Co-benefits of promoting healthy eating where children live, learn, and play: An exploration of existing literature. Under development.
- 2. Blacker L, Ordonez V, Ramesh R, Reynolds M. An analysis of school meal distribution among each California school district. Under development.
- 3. Reynolds, M. Watch What You Eat: The Harms of Discussing Weight During COVID-19. September 2020. The Pursuit.

Selected Presentations

- 1. HER NOPREN COVID-19 Summer Internship Showcase. University of Michigan School of Public Health Seminar Series. September 30, 2020.
- 2. **NOPREN School Wellness Working Group.** Co-benefits of promoting healthy eating where children live, learn, and play: An exploration of existing literature. December 8, 2020.
- 3. **HER NOPREN Student Showcase.** Co-benefits of healthy eating in schools. July 15, 2020.
- 4. **Michigan Airforce ROTC.** Performance Nutrition. November 18, 2019.

Advisory Groups

2019 – 2021 Michigan Recreation Sports Advisory Board

Honors & Awards

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2020 Academy of Nutrition and Dietetics Foundation Conagra Foods Scholarship

2019 Richard B. Splane Scholarship

2018 Summer Undergraduate Research Fellow